

CHART OF THE ZONES, PARADIGM COMPONENTS, LEVELS OF EXISTENCE, AND THEIR CORRESPONDING MOOD LEVELS

These scales give the correlation of what Zone, Level of Existence and example Mood Levels you and your different paradigm components can normally operate in. This does not mean they are the only Levels or Moods that you and your paradigm components operate in. You and your paradigm components may operate in any Zone, Level of Existence or Mood at or below the level listed in these scales for you and your different paradigm components. These scales only give the usual correlation of each.

There are many, many moods. These listed are only a small sample of some of the moods. Moods are the state of mind, including both emotion and attitude. They fall basically into two categories: upward and downward moods. Upward moods expand outward and create futures tending toward the Green Zone. Downward moods contract inwards and create futures tending toward the Red Zone. All moods can be cause moods or effect moods. Cause moods are the ones a person uses to create effects on the people and environment around them. Effect moods are the ones the people and environment create on the person. The most vital to rehabilitate are the upward moods used in a causative manner.

ZONE LEVEL	PARADIGM COMPONENT	LEVELS OF EXISTENCE		EXPANDED MOOD LEVELS				NUMERICAL VALUE	
		POSITIVE	NEGATIVE	OUTWARD, UPWARD MOODS		INWARD, DOWNWARD MOODS			
Green Zone	You/ Perception	Mastery	Incompetence	Wholeness of Being Truth Ability to Perceive Exactly, Know and Duplicate Ability to Estimate Correct Value, Effort & Importance		Fragmentation Untruthful Misperception, Unknowing and Misduplication Misestimation of Value Effort & Importance		10,000	
	Want/ Goal	Expansion	Contraction	Desire Dynamic	Passion Purposeful	Diminished Faded	Waned Shrunken	1,000	
	Dream/ Intention	Empowerment	Repression	Playfulness Gaiety Mirth	Joyous Hilarity Merriment	Restrained Subdued Weighty	Serious Stifled Stern	100	
	Vision	Power	Weakness	Positive Action Confident	Certainty Bold	Ineffectual Insecure	Unsure Unassertive	90	
		Abundance	Scarcity	Creative Elation	Ecstatic Thrilled	Shallow Disheartened	Sober Disenchanted	80	
	Mind	Success Breakout	Reluctance	Enthusiasm Exuberant Festive	Excitement Delighted Optimistic	Indifferent Dispirited Somber	Boredom Disgusted Pessimistic	70	
		Production	Incompletions	Mild Optimism Alert Focused	Attentive Observant Mindful	Skeptical Uninterested Ignoring	Inconsiderate Disregard Heedless	60	
		Development	Anxiety	Warm Cheerful Liking Amiable	Harmony Accord Friendliness Affable	Stiff Dreariness Antipathy Torment	Tense Contention Antagonism Rancor	50	
		Stability	Threatened	Good-Natured Encouragement Fearless	Appreciation Peaceful Reassuring	Rage/Anger Victimizer Fear	Resentment Masked Rage Terror	40	
	Yellow Zone	Establishment	Disestablished	Satisfaction Gladness Victor	Relieved Drive Achievement	Anguish Sadness Victim	Distress Lethargy Failure	30	
Modeling & Standards				Hostile	Principled Dignity Proper	Accountable Exhorted Strength	Self-Pity Ashamed Culpable	Guilt Humiliated Fault	20
Red Zone	Body	Immobilized	Proud Independent Embrace Decisive	Blessing Frank Persistence Energetic	Remorse Dominated Avoiding Vacillation	Sorrow Manipulation Forbearance Torpid	10		
			Help & Support	Destructive	Aspire Helpful Reconcile	Sentient Uplifting Amity	Despair Abusive Revengeful	Unfeeling Sadism Enemy Fixated	0
			Trust	Sabotage	Trusting Conviction Fidelity Assurance	Complementary Security Faithfulness Reliable	Cynical Martyrdom Treachery Masochism	Sarcastic Suffering Betrayal Solid	-10
			Order	Chaos	Modest Composed Positioned	Orderly Collected Centered	Self-Righteous Hysterical Unpositioned	Chaotic Dispersed Unfixed	-20
			Presence	Absence	Attached Closeness Here Connected	Openness Attending Proximity Arrive	Detached Elsewhere Not Here Disconnected	Concealed Away Far-off Gone	-30
									-40
									-50
						-60			
						-70			
						-80			
						-90			
						-100			
						-1,000			
						-10,000			